



MESA DE TEMPORADA
CATERING

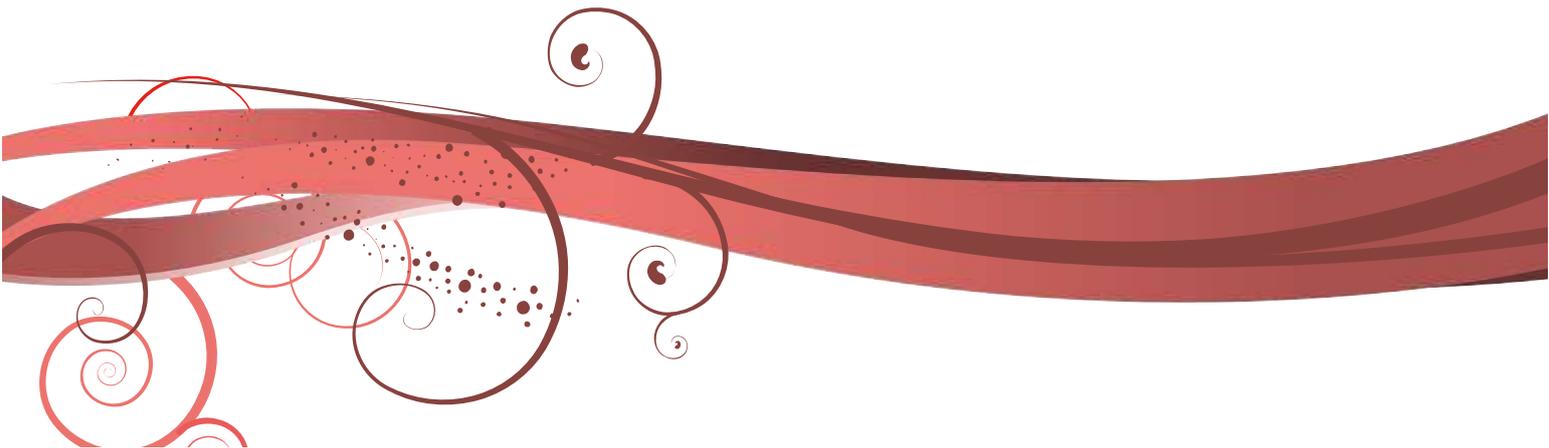
HEALTHY MENUS

HEALTHY MENUS

If you have a meeting with clients or you need to take full advantage of lunchtime to work with your team, our HEALTHY menus make it easy for you.

Healthy, balanced, simple and easy to eat. In INDIVIDUAL format.

Try them!





MESA DE TEMPORADA
CATERING

Healthy Menu N°1 (Suitable for coeliacs (*) and lactose intolerant)

Served in an individual tray
ready to open and eat

Acorn-fed Ibérico ham with Jerez breadsticks
+
Mixed salad with white tuna
+
Chicken escabeche
+
Fruit carpaccio
+
Bread, cutlery and serviette
+
1 soft drink or water

**Price per person: €25 per person
(€23.50 per person without drink)**

**Minimum 6 persons
(*) Gluten free bread and breadsticks**



Ask about **alternatives and variations** in our trays

Healthy Menu N°2 (Suitable for coeliacs (*) and lactose intolerant)

Served in an individual tray
ready to open and eat

Acorn-fed Ibérico ham with Jerez breadsticks
+
Spinach salad with mushrooms and parmesan shavings
+
Mini Ibérico pork fillets with basmati rice
+
Fruit carpaccio
+
Bread, cutlery and serviette
+
1 soft drink or water

**Price per person: €25 per person
(€23.50 per person without drink)**

**Minimum 6 persons
(*) Gluten-free bread and breadsticks and cheese in salad can be replaced for those lactose intolerant**

Check out our **soups and salads** to choose yours!

Combine our **Think & Eat Menus** with your favourite **Platters** from our menu!



Healthy Menu N°3 (Suitable for coeliacs (*) and lactose intolerant)

Served in an individual tray
ready to open and eat

Acorn-fed Ibérico ham with Jerez breadsticks
+
Salad of lettuce, walnuts, apple and parmesan
+
Grilled chicken breast with roast vegetables
+
Fruit carpaccio
+
Bread, cutlery and serviette
+
1 soft drink or water

**Price per person: €25 per person
(€23.50 per person without drink)**



Minimum 6 persons

**(*) Gluten-free bread and breadsticks and cheese
in salad can be replaced for those lactose
intolerant**

We offer menus for
**Vegetarians, Coeliacs
and other food intolerances!**

Healthy Menu N°4

Served in an individual tray
ready to open and eat

Acorn-fed Ibérico ham with Jerez breadsticks
+
Roast vegetable salad
+
Roast beef with roast potatoes
+
Fruit carpaccio
+
Bread, cutlery and serviette
+
1 soft drink or water

**Price per person: €25 per person
Minimum 6 persons
(€23.50 per person without drink)**



MESA DE TEMPORADA
CATERING

Healthy Menu **Nº5** (Suitable for coeliacs (*) and lactose intolerant)

Served in an individual tray
ready to open and eat

Crudités with yoghurt sauce
+
Quinoa salad
+
Marinated salmon with toast, cucumber, spring
onions and hard boiled egg. Dill vinaigrette
+
Fruit carpaccio
+
Bread, cutlery and serviette
+
1 soft drink or water

**Price per person: €25 per person
(€23.50 per person without drink)**

**Minimum 6 persons
(*) Spelt bread**



We offer menus for
Vegetarians, Coeliacs
and other food intolerances!



MESA DE TEMPORADA CATERING

Optional services:

- Waiter service in Madrid city: €90 per waiter per service. Minimum 4 hours. Additional hours charged at €25 per waiter per hour For waiter service outside Madrid, ask for prices
- Assembly and preparation of orders (opening of trays, placement, removal of boxes, thermos, etc.): €20 - 30 per service depending on numbers This service is not charged when waiter service is contracted.
- Services before 9:00am: €30 per service in Madrid city. For other locations, ask for prices.

Services not included:

- Small bottles of mineral water: €1.50 each
- Selection of soft drinks (330 ml cans): €1.65 each
- Beers (330 ml cans): €2 each
- Bottles of white or red wine, ask for prices
- Other drinks (specific wines, liqueurs) ask for prices
- Disposable dinner set (Plate, knife, fork and spoon, glass and napkin): €1.50 per set
- Individual linen with matching napkin (rent): €3 each
- Crockery (breakfast, lunches): ask for models and prices.
- Thermos coffee service: €2.50/person (minimum 10 persons)
- Nespresso coffee service: €3.50 per person (minimum 10 persons)
- Round and rectangular tables: €20 - 30 each depending on numbers.
- Table decorations: from €30 per centrepiece depending on sizes
- White cotton tablecloth: €20 each depending on measurements. Other colours ask for prices.
- Rustic white linen napkins: €1.25 each
- Rustic linen napkins, various colours: €1.50 each For other colours ask for prices.
- Transport outside Madrid capital ask for prices based on km.

Contract Terms:

- Orders must be placed a minimum of 24 hours in advance.
- Healthy Menus minimum order: 6 persons = 150 euros.
- Prices include transport in Madrid city provided that the minimum order is met and service is in established hours. For other locations, ask for prices.
- For cancellations with less than 24 hours notice on working days, the order will be charged in full.
- For cancellations made with 24 to 48 hours notice prior to delivery of the service, the 50% booking deposit will be charged
- Cancellation by telephone and/or email with confirmation in response. Cancellations by voice mail are not accepted.
- When booking the date, an advance payment of 50% of the order will be paid.
- Prices excluding VAT.
- Payment methods: cash on delivery of order, bank transfer, VISA, Mastercard and American Express

We recommend that you request a tailored quote in each case. Ask us and we'll help tailor it for you.

Prices and terms valid from 1 January 2018. This rate overrides all previous Think & Eat Services rates.